



# Asthma-Friendly Hospital Recognition 2021 Application

Hospital Name

County

Hospital Mailing Address

Phone

Fax

Asthma Team Lead's Name:

Asthma Team Lead's Email:

Hospital Administrator's Name:

Hospital Administrator's Email:

Hospital Administrator's Attestation:  
(Check below, indicate date)

Date:

I attest that our hospital achieved the criteria indicated and the information included on the following pages is accurate.

To apply for Asthma-Friendly Hospital Recognition, hospitals must:

- (1) Review the Asthma-Friendly Hospital Application and implement criteria
- (2) Complete the application and submit to: [FLAsthmaCoalition@gmail.com](mailto:FLAsthmaCoalition@gmail.com)
- (3) Email copies of certificates for trainings completed
- (4) Email copy of sign-in sheets from Vanderbilt University training(s)
- (5) Email copies of Asthma Action Plan template being utilized along with a policy or protocol for its distribution
- (6) Email copies of policy, curriculum, and materials for criterion 4
- (7) Email copies of protocol or policies for criterion 5

# Asthma-friendly Hospital Recognition Criteria

## Criterion 1: Professional Development

The Asthma Team Lead has completed the [Asthma Management and Education Online course \(AME-O\)](#) within 24 months. Attach copies of training certificate.

*Our hospital offers the [Vanderbilt Pediatric Healthcare Improvement Initiative TN chapter of the American Academy of Pediatrics training](#) at least once every 24 months. Attach copies of training certificates.*

## Criterion 2: Asthma Action Plans

Our hospital provides all patients with an admitted diagnosis of asthma with a written asthma action plan that includes all items listed below. *Attach a copy of the Asthma Action Plan template being utilized along with a policy or protocol for its distribution.*

- Daily management and control of asthma
- Recognition and treatment of worsening/severe asthma
- What medicine to take daily, including the specific names of the medications
- What signs and symptoms indicate worsening asthma
- What medications to take in response to worsening signs and symptoms of asthma
- What signs and symptoms indicate the need for urgent medical attention
- Emergency contact information for physicians, Emergency Department and persons/services to transport patient to appropriate level of care

## Criterion 3: Self-Management Education

Our hospital ensures that all patients with an admitting diagnosis of asthma are provided with or referred to self-management education that meet the following [EPR-3 Guidelines](#) for adults and children discharged from Emergency Departments or Hospital Inpatient settings. *Attach a copy of the policy, curriculum, and materials given to patients.*

- Before patients are discharged from the hospital for asthma exacerbations, self-management is given
- At the time of discharge, clinicians give patients focused asthma education and a discharge plan with instructions for patients and family members on how to use the plan
- Before patients are discharged home, inhaler techniques are assessed for all prescribed medications and the correct techniques are reinforced
- At the time of discharge, patients are referred for follow-up asthma care with either an asthma specialist or a primary care provider within 1-4 weeks

## Criterion 4: Multi-Component Home Based Asthma Education

Our hospital ensures all patients with severe, persistent asthma are provided with information about, or referred to, multi-component home based asthma management education. *Attach a copy of the protocol for referring patients (if applicable).*

If there is not a program available to refer patients, hospitals are required to distribute home visiting materials to all patients with severe, persistent asthma. Required material is the [FAC Asthma Home Handout](#).

# Resources

## Criterion 1:

- **Asthma and Allergy Foundation of America's (AAFA) Asthma Management and Education Training**  
(Please contact the Florida Asthma Coalition to request access to this course) This course recognizes the critical role allied health professionals play in educating and caring for patients with asthma. Course content conforms with the National Asthma Education and Prevention Program (NAEPP) 2007 Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma. This free program contains 11 modules of self-paced study. Upon completion of the full course, nurses and respiratory therapists will be eligible to earn 8.75 continuing education credits from the American Nurses' Credentialing Center's Commission on Accreditation (ANCC) and the American Association for Respiratory Care (AARC). <https://www.aafa.org/continuing-education-for-health-care-professionals/>
- The Pediatric Healthcare Improvement Initiative for Tennessee / TN chapter of the American Academy of Pediatrics Vanderbilt University has developed five videos on guidelines-based asthma care. Anyone can access these videos and CME is free. If you've never registered on this site, you will need to register and provide log in name and password, then you are able to watch the videos. AMA PRA Category 1 Credits™ (1.50 hours), Non-Physician Attendance (1.50 hours) <https://vumc.cloud-cme.com/default.aspx?P=0&EID=22183>

## Criterion 2:

- **Allergy & Asthma Network Asthma Action Plans**  
Available in English and Spanish, which can be found on their website using the link below. <https://allergyasthmanetwork.org/what-is-asthma/asthma-action-plan/>
- **American Lung Association: Asthma Action Plans**  
Additionally, the American Lung Association developed an Asthma Action Plan, available in English and Spanish, through the Florida Department of Health website. The Asthma Action Plan can be found using the link below: <http://www.floridahealth.gov/diseases-and-conditions/asthma/ documents/afcc-appendix-a.pdf>

## Criterion 3:

- **Asthma Self-Management Education: A Compilation of Selected Resources**  
This link from the Centers of Disease Control and Prevention (CDC) provides resources for healthcare professionals on several asthma topics. <https://www.cdc.gov/asthma/healthcare.html>
- **Asthma and Allergy Foundation of America - Education Programs for Teaching Patients**  
Asthma and Allergy Foundation of America (AAFA) offers many patient education programs for all ages in English and Spanish, including Wee Breathers, an interactive program for health professionals who teach parents of young children about managing asthma. <http://www.aafa.org/page/asthma-allergy-education-programs-teach-patients.aspx>
- **NAEPP Guidelines for the Diagnosis and Management of Asthma (EPR-3)**  
The National Asthma Education and Prevention Program (NAEPP), coordinated by the National Heart, Lung, and Blood Institute (NHLBI), convened an expert panel in 2007 to complete a systematic review of the published medical literature and to update the asthma guidelines to reflect the latest scientific advances. This document provides new guidance for selecting treatment based on a patient's individual needs and level of asthma control. The guidelines emphasize that while asthma can be controlled, the condition can change over time and differs among individuals and by age groups, emphasizing the importance of regularly monitoring the patient's level of asthma control and adjusting treatment as needed. [https://www.nhlbi.nih.gov/sites/default/files/media/docs/EPR-3\\_Asthma\\_Full\\_Report\\_2007.pdf](https://www.nhlbi.nih.gov/sites/default/files/media/docs/EPR-3_Asthma_Full_Report_2007.pdf)

#### Criterion 4:

- **Florida Asthma Coalition Asthma Home Handout**

These recommended criteria were created by the Florida Asthma Coalition's Home Visiting Workgroup and can be used as a reliable tool and resource for health care professionals during Home Visits. Information about allergens and irritants, asthma education for caregivers, home visit resources and supplies, an 'Asthma Home Environment Checklist' and, information about toxic stress are all included in this easy to read document.

[https://floridaasthmacoalition.com/flasthma/assets/File/Home%20Visiting%20Informational%20Packet%20\(3\).pdf](https://floridaasthmacoalition.com/flasthma/assets/File/Home%20Visiting%20Informational%20Packet%20(3).pdf)

- **Environmental Protection Agency: Asthma Home Environment Checklist**

The EPA's asthma home environment checklist guides individuals with asthma and home care visitors in identifying environmental asthma triggers most commonly found in homes. It includes sections on the building, home interior and room interior and provides low-cost action steps for remediation.

<http://www.epa.gov/asthma/asthma-home-environment-checklist>