



Asthma Educator Review Course

- Summary of Asthma Educator Review Course
- One on one time with a Mentor and Expert
- Access to Self Study Course and 12 CE, CRCE (\$250 Value)
- Free AAE MEMBERSHIP for 1 Year (\$80 Value)
- All for \$125

Faculty Presenters



Andrea M. Jensen, CHES® AE-C

Asthma Program Coordinator Utah County Asthma Home Visit Program

Andrea Jensen's immersion in asthma education took a circuitous route. Originally an Interior Designer, she shifted careers when she and her 3 children were diagnosed with asthma 18 years ago. After a trip back to college for a new degree in Public Health with an Environmental Health emphasis, she has coordinated Utah County's Asthma Program for the last 9 years. As a Certified Asthma Educator (AE-C) and Certified Health Education Specialist (CHES®), her program includes evidence-based asthma education, environmental assessments, and linking families to remediation services, low cost clinics and copay assistance programs. Andrea feels her Public Health and Environmental Health Promotion background will add diversity to the AAE board. Asthma is her passion, and helping others is her career.

Faculty Presenters



Maureen George, PhD, RN, AE-C, FAAN

Academic Appointments Associate Professor of Nursing at CUMC Dr. George's program of research focuses broadly on reducing health inequities in vulnerable populations with chronic respiratory disease. Particular areas of interest include community-based participatory research (CBPR) with poor and minority patients and their health care providers to understand how self-management preferences and patient-provider communication (shared decision-making, motivational interviewing, brief interventions) influence treatment choices (adherence). To the end, she uses community-informed strategies to address

obstacles to disease control, such as health beliefs, health literacy, and the built environment. She has extensive experience as a nurse scientist and behavioral scientist designing, testing and disseminating interventions informed by innovative qualitative, CBPR and mixed research methods.



Karen L. Gregory, DNP, APRN, CNS, RRT, AE-C, FAARC

Karen Gregory is an Acute Care Advance Practice Nurse with a specialty in asthma, allergy, and pulmonary medicine. She is a Registered Respiratory Therapist and has been a Certified Asthma Educator since 2002. Dr. Gregory is an advanced practice provider at the Oklahoma Allergy and Asthma, Oklahoma City, Oklahoma and is an Assistant Professor at Georgetown University, School of Nursing and Health Studies.

Dr. Gregory holds active memberships and leadership positions in multiple professional organizations serving on boards, committees, and projects. She serves as Chair for the American Academy of Allergy Asthma and Immunology Allied Health. She is an active member of the Association of Asthma Educators and Association for Respiratory Care. She is a past-president of the Association of Asthma Educators

Dr. Gregory's clinical interests include asthma disparity in the Medicaid and rural populations, severe asthma, autism and asthma, enhancing the immune system to improve asthma outcomes. Dr. Gregory lectures on issues related to allergy, asthma and disease management and is published in these areas.

Agenda

1:00 pm – 2:00 pm Taking the National Asthma Educator Certification Exam/Andrea Jensen

2:00pm-3:00pm Medications and Delivery Devices Overview/MAUREEN GEORGE

3:00pm-4:00pm. The Asthma Condition: Pathophysiology Overview/KAREN GREGORY

4:00pm-5:00pm Case Studies, Ask the experts. Maureen George, Karen Gregory, Andrea Jensen

Course Goal: Present an in-depth review of asthma education based on the National Asthma Educator Certification Board (NAECB) detailed content outline.

Objectives: (1) Explain trends in asthma prevalence. (2) Determine individual patient's levels of severity and control. (3) Evaluate barriers to adherence as they apply to self-assessment and self- management of asthma. (4) Utilizing problem-based learning, optimize a plan of care for patient's with asthma.

NOTICE: Although AAE's National Asthma Educator Certification Course is taught by experts in the field of asthma education and is designed to cover the NAECB Test Matrix. AAE cannot guarantee passage of The National Asthma Educator Certification exam following completion of this course.

Accreditation

CME: Please advise

NURSING: This program has been planned and implemented in accordance with the requirements of the California Board of Registered Nursing. The Association of Asthma Educators is an approved provider (#13605) of continuing education in nursing. This activity meets criteria for mandatory continuing education requirements, and the participant is awarded 4 contact hours.

Respiratory: Applicant: This program has been approved for a maximum of 4.00 contact hour(s) Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425 N. MacArthur Blvd. Suite 100 Irving TX 75063 Course #185719000

Pharmacy: Please Advise

